

Great Kayaking & Trekking Ba Be National Park Tour

(Hanoi – Ba Be)

(Issued date: 18 Jan 2023)

Itinerary Overview

Day	Destinations/Activities	Meals
Day 1	HANOI – BA BE NATIONAL PARK	L/D
Day 2	TREKKING IN BA BE'S JUNGLE	B/L/D
Day 3	BA BE LAKE – HANOI	B/L

Note*: B: Breakfast / L: Lunch / D: Dinner

Detailed Itinerary

Day 1

HANOI – BA BE NATIONAL PARK

Your tour guide will pick you up at your hotel in Hanoi in the early morning, starting your journey to Ba Be National Park.

We'll drive along Highway 3 passing through Cho Ra town (where we stop for local lunch) for about 5 hours in a comfortable car.

Once you reach Ba Be, you will continue on foot along the Nang River until you reach Puong Cave, located in a Dao ethnic village.

From here you continue your hike through thick rainforest while keeping an eye out for local wildlife.

Eventually you'll reach the summit which offers amazing panoramic views of the countryside below, before visiting some Hmong villages followed by our destination for the day, a Dao ethnic minority village.

Here you are invited by your host family to participate in preparing your traditional dinner, cooked on an open fire and served with local corn wine.

If you're not much of a chef, don't worry, this activity is entirely optional. After dinner you will stay overnight in the traditional Dao house.

Meal: Lunch, Dinner

Accommodation: Traditional Dao house

Day 2

TREKKING IN BA BE'S JUNGLE

Start by enjoying a traditional local breakfast, which may consist of noodles, pancakes or an omelette, with a banana on the side, considered a luxury in this remote area far from where they're grown.

Then we'll set out on our 10km hike to a H'mong village, where we'll spend some time in a local school, interacting and playing with the children.

Often our guide will bring some sweets, pens and notebooks to give out as gifts to the kids, something that always greatly excites them and brings a giant smile to their little faces.

Our guide will also pack a basic but tasty picnic lunch that we'll enjoy here.

After lunch we set out for another 10km of trekking to reach Coc Toc village.

This last leg of the trek can be somewhat challenging and will present a great workout for anyone who's not in perfect shape.

We'll cross Coc Toc Stream, where you'll see local fishermen plying their craft, and this is a great place for a quick rest and refreshing swim before continuing on.

Once we arrive in Coc Toc, we'll check in at our homestay run by Mr Linh and his family, who specialize in cooking the most delicious and authentic local dishes, which you'll get to enjoy for dinner before overnighting in this traditional Tay stilt house.

Meal: Breakfast, Lunch, Dinner

Accommodation: Traditional Tay stilt house

Day 3

BA BE LAKE – HANOI

Breakfast will consist of pancakes and Vietnamese coffee, served on the open-air balcony overlooking stunning views, if the weather permits.

Then we'll hop in our kayaks and paddle across the lake, giving you ample time to enjoy the beautiful scenery surrounding the lake before we have to say goodbye to this slice of paradise.

Next up is Hua Ma Cave, a dry-cave featuring a truly staggering array of stalactites.

We will take you along roads snaking through mountain passes as we return to Hanoi, stopping for a quick lunch in an area rarely visited by tourists, which results in the locals there probably showing a big interest in you and your group, before arriving in Hanoi shortly before dark.

Meal: Breakfast, Lunch

Accommodation: N/A

Inclusions & Exclusions

INCLUSIONS	EXCLUSIONS
<ul style="list-style-type: none"> ➤ Private door-to-door pick-up-off services ➤ All private transfer and transportation ➤ English speaking guide as per program ➤ Breakfast (B) Lunch (L) & Dinners as mentioned (L/D) ➤ All sightseeing tickets and travel permits ➤ Accommodation at hotels/ homestays/ junk boat as mentioned ➤ No extra charge after confirmation 	<ul style="list-style-type: none"> ➤ Personal expenses ➤ Tips and Gratuities ➤ Travel insurance ➤ International flight and taxes ➤ Beverage

Important Information

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call the travel consultant whom you deal with and then our hot line contacts. If for any reason you do not receive an immediate answer, please send us a detailed message and contact information by email to the agent and to info@indochinatreks.com, we may check and return your call and assist you as soon as possible.

Our all travel consultants use WhatApps. Please ensure that you have the contact number. It's best to buy a local sim-card upon arrival. Most hotels offer free wifi. So it's very easy to contact in urgent case.

Emergency contact numbers

Mr. Kelvin Do: +84 986759655

Ms. Thuy Pham: +84 984654964

Combo Trip

If you book small group tour option, please note that the tour combines with our other tours. As such, some travel companions on your tour may have previously been travelling together with us. Likewise, some travel companions may be continuing together on another tour after your trip concludes. You can start the tour on any date (please contact our consultant in advance to avoid peak dates or holidays) and customize itinerary with extra days/activities at any destination.

Internal Flights

For all internal flights, we would use Vietnamairlines, Vietjesair, Jestar, Cambodia Angkorair or Laos Airlines. Most domestic flights in Laos, Cambodia and Myanmar, airlines would use small 70 seat ATR72 for short distances. Most airlines in Vietnam use the Airbus A321. 20kg for checkin luggage and 7kg for hand-bag is included in the price.

International flights before/after the tour must be booked by yourself before travelling date.

Accommodation

We would use different hotel categories and you can select any basing on your budget. So your travel companions would not stay at your hotel. A Hotel Voucher will be provided once your tour is confirmed with all hotel details.

Packing List

Conservative Dress

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)

-
- Shawl or scarf (for temple visits)

Note*: Please pack clothing for the season in which you will be travelling. From Dec-Feb weather can be cold, so please pack warm clothing. From May-Nov it is the wet season, so please bring waterproof clothing.

Documents

- All tickets (required)
- Passport (required) (With photocopies)
- Required visas
- Hotel & Tour Vouchers
- Meeting sign (with your names and flight details that we will use for transfers)

Train Travel

Train travel in Vietnam is very basic and train cleanliness is often not a priority for train staff. Sleeper trains normally have 4 seats per compartment, which convert into sleeping bunks (two upper and two lower). A sheet, pillow and blanket are provided, although many people prefer to bring their own sleeping sheet. At times, passengers of different genders may be required to share a sleeper train berth and/or share a compartment with people not travelling in your group. For short distance - 3 hours (as Hue to Danang or vv), you will do the trip on soft/hard seat carriage.

Simple food is available on the train but many people like to stock up on freshly baked bread, cheese and fruit prior to departure. Water should also be bought before the journey.

Train journeys in Vietnam are an experience and allow you to get a real taste of Vietnam.

Airport transfers

All airport transfers are included in the tour price. You should provide us your arrival/departure flight details and we will arrange things basing on the information. A meeting sign with your name and all flight details will be sent to you. Please be ready at the lobby at pointed time for pickup.

Driver/guide should always be present at the airport before your arrival time. If you could not find the driver, please contact your travel consultant who you deal with. For any reason that airport transfer could not be arranged, please take the taxi to the hotel. We will refund the money then.

Travel insurance

Travel insurance is not included in our tour price. When travelling with us, you are suggested to buy insurance that covers all medical coverage, cancellation, personal liability, curtailment and loss of luggage and personal effects.

Trip Specific Safety

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit

boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Be aware that petty theft can be an issue in some towns and cities especially late at night. A common tactic is opportunists on motorbikes that drive by and snatch bags. Please always leave valuables and passports etc in your hotel in safety boxes if available and only carry with you enough cash to spend for the day. Bags should always be carried over the neck and not left to sit on your shoulder.

Warning

Please do not buy gems unless you know what you are doing. Even if genuine you should not expect to be able to sell them at home. If you fall victim to a gem scam, we are unable to assist you.

Visas and Entry Requirements

Please note that visas for Vietnam, Cambodia and Laos are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. For the most up to date information please check your Governments Foreign Ministry website or with your travel agent as rules do change.

CAMBODIA - Visas can be obtained at the Cambodian border or Siem Reap Airport for approx. \$35 USD very easily. Please have *at least* 2 passport photos with you as well.

VIETNAM - As of March 2017, a select 80 nationalities are now eligible to enter Vietnam with an E-Visa. Please contact your Foreign Ministry or Vietnamese consulate to see if your nationality is eligible. Please note that you should ONLY apply for a Vietnam E-Visa if you are entering Vietnam by international airport - either Noi Bai International Airport (Hanoi) or Tan Son Nhat International Airport (Ho Chi Minh City).

If you are entering Vietnam by land border, please apply for a regular visa for Vietnam. Many of the land borders we travel through do not accept the Vietnam E-Visa. Please view this link to apply E-Visa: <https://evisa.xuatnhapcanh.gov.vn/web/guest/trang-chu-ttdt>

LAOS - Visas are issued upon arrival in Laos. You will need two passport size photographs and approx \$35. Tourists are generally admitted to Laos for 15 days with a visa on arrival or for 30 days with a visa issued at a Lao embassy. Please bring visa photos with you.

Please be aware that you will require four clean pages (minimum) in your passport and at least six months validity.

Tipping

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$3-\$5 USD per person per day depending on the quality and length of the service.

Electricity

Indochina Countries use 220V, and a mixture of flat 2-pin, round 2-pin or 3 pin plugs. It is recommended to bring a universal plug adapter.